

## Tortuguero Jungle Kayak Adventure Days 2-3

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**Tortuguero National Park is rich in biodiversity, and is a turtle nesting ground. Enjoy scenery and wildlife viewing while flatwater kayaking through the jungle, exploring beaches, and relaxing at comfortable Mawamba Lodge.**

Tortuguero National Park and its surroundings is an area known worldwide for its richness in biodiversity. Everyday hundreds of tourists visit this wonderful waterway, embarking in motor driven skiffs and boats. Rios Tropicales and Mawamba Lodge have designed paddling adventures in stable touring kayaks, straight into the heartland of this National Park. There's no better way to enjoy Tortuguero's natural wonders than quietly navigating through its amazing network of rivers, lagoons and canals. Overnight at the beach-front Mawamba Lodge with its rustic accommodations, two family style restaurants, swimming pool, Jacuzzi, ranchos with hammocks, Conference Room and many more amenities. You can't beat Mawamba's hospitality and Rios Tropicales' "The River Specialist" combo!

**Included:** Roundtrip ground transportation from San Jose hotels, professional guides, kayaking equipment, support boat, lodging at Mawamba lodge, all meals except dinner the last tour day.

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**Difficulty:** No experience required. Very little current

**Who Can Go?:** • Participants should be in normal health and physical condition.

- Swimming experience is required.
- Minimum age:12-years-old depending on size and experience.

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**Recommended Gear:** Recommended Gear: This list represents what you will need on the river.

- Insect repellent (1)
- Long light pants
- Long sleeved shirt
- Personal medications
- Personal Toothpaste and toothbrush
- Rubber-soled shoes that can get wet (tevas, tennis shoes, river shoes, booties or similar)
- Shoes (2 pairs, one to get wet and one dry)
- Socks
- Sweater or Sweatshirt (for cool evenings)
- Swimsuit/swim trunks; or t-shirt and shorts of a quick-drying material
- Waterproof sunscreen lotion (SPF 15 or higher)
- Windbreaker (Optional)